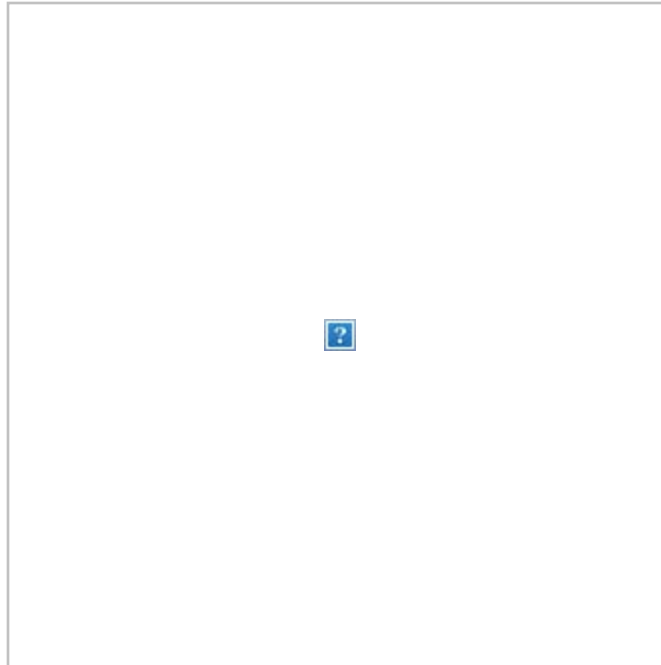


From: [Hamdy, Rania E.](#)
To: [Hamdy, Rania E.](#)
Subject: Art with Impact: Movies for Mental Health Online workshop (spaces limited) -Thursday- July 9
Date: Wednesday, July 1, 2020 4:04:57 PM



We have great news! Back by popular demand, we are offering **50 FREE SPOTS** to next week's Movies for Mental Health virtual workshop.

We invite you to join us on Thursday, July 9 as we watch three award-winning short films around mental health, engage in mindfulness activities, and connect with accessible wellness resources.

[Register for your seat here](#) and then watch our June 2020 OLIVE film winner below!





Kelly Hrudehy- Mental Health Advocate

"Kelly Hrudehy- Mental Health Advocate" by Paul Day, Dave Alderson and Jesse Desmarais

Art With Impact is pleased to congratulate Paul Day, Dave Alderson and Jesse Desmarais for our latest monthly short film competition winner with "[Kelly Hrudehy- Mental Health Advocate](#)."

In this film, former NHL goalie Kelly Hrudehy talks about his experience being at the height of his career when anxiety and depression threatened to stop him

from playing the game he had always loved. In looking at the issues he faced, Kelly shares a message of hope and encouragement for others facing mental health challenges.

Writer, producer and director Paul Day is known for his work on the true crime tv series “The Shocking Truth” and “Sex Lies & Murder”, airing on REELZ Channel. He’s also produced online videos for NHL stars Curtis Joseph and Hockey Night In Canada’s Kelly Hruddy.

Editor Dave Alderson has cut sports documentaries, wildlife adventure shows, true crime series and everything in between. His latest series is "Friends Speak" for Reelz Channel.

Director of Photography Jesse Desmarais is a behind the scenes technical whiz. He is constantly expanding his skill set, including his camera work with Kelly Hruddy on this important film about athletes and mental health.

P.S. Have you missed any of the recent OLIVE winners? [Head over here](#) to catch up! Be sure to read our content warnings and keep yourself safe. We also have [safe viewing guides](#), here. To learn more about specific mental health issues, check out [this section](#) of our website.